

Ettinger Journals

Resources for Ettinger Journals

Resources for Further Exploration by Douglas B. Ettinger,
Edition 1

Douglas B. Ettinger
Published 5/1/2017
Revision 1, 12/19/2017
Revision 2, 10/09/2018
Revision 3, 02/18/2019
Revision 4, 03/01/2019

Resources for Ettinger Journals

Websites, courses, books and YouTube entries for further exploring a new way of thinking about the universe and life.

I. Table of Contents

I.	Table of Contents	1
II.	Baseline Information	2
III.	“Electric Universe” Topics	3
IV.	Light and Radio-wave Topics	5
V.	Great Deluge and Lost-Civilization Topics	6
VI.	Anunnaki, Nibiru, and Sumerian-Culture Topics	7
VII.	UFO and Extraterrestrial Topics	8
VIII.	Supernatural Topics.....	9
IX.	Global Banking Fraud.....	9
X.	Food Crisis.....	10
XI.	Medical and Environmental Fraud	10
XII.	The Fraud of War	10
XIII.	Religious Fraud	10
XIV.	Artificial Intelligence.....	11
XV.	The Cosmic Code and the Kabbalah	11
XVI.	Holographic Universe	11
XVII.	Conspiracy Theories	12
XVIII.	Commentary About Furthering Your Knowledge About the Esoteric World	13

II. Baseline Information

1. The website www.ettingerjournals.com, authored by Douglas Ettinger (about the genesis of the Earth and Moon and the formation of star systems; also, explains his version of the errors of Dark Energy and Dark Matter). His Earth-Moon genesis is supported by the “Epic Tale of Creation by the Sumerians” translated by the Zecharia Sitchin and conservation of energy equations that model the solar system’s creation of the Earth-Moon system. Other recent journals are “A Brief History of Mankind’s Chaotic Past: Post-Paleolithic Times (20,000 Years Ago) the Present”; “The Great Deluge: Fact or Fiction” (Making Sense of the Bringing Together of All the Reasonable Scientific Hypothesis and Legends of Many Ancient Cultures).
2. The website www.nasa.gov provides latest news, images, and features about NASA missions and space telescopes. Visit: Topics, Solar System and Beyond; Missions, Hubble Space Telescope; Missions, All Missions A-Z; and Galleries.
3. The textbook titled *Basic Electrical Theory* by Mike Holt available from www.licensedelectrician.com.
4. The website www.thegreatcourses.com provides “The Great Courses” series by The Teaching Company which presents college courses with lectures via video download or DVD by better known university professors. Their presentations follow very closely the accepted, mainstream ideas and dogma about science and history. Recommended courses are:
 - a. “Understanding the Universe: An Introduction to Astronomy, 2nd Edition” by Professor Alex Filippenko University of California, Berkeley.
 - b. “The Life and Death of Stars” by Professor Keivan G. Stassun.
 - c. “The Physics of History” by Professor David J. Helfand of Columbia University.
 - d. “The Origin and Evolution of Earth: From the Big Bang to the Future of Human Existence” by Professor Robert M. Hazen of George Mason University.
 - e. “New Frontiers: Modern Perspectives on Our Solar System” by Professor Frank Summers of the Space Telescope Science Institute.
 - f. “Dark Matter, Dark Energy: The Dark Side of the Universe” by Professor Sean Carroll of California Institute of Technology.
 - g. “Experiencing Hubble: Understanding the Greatest Images of the Universe” by Professor David M. Meyer of Northwestern University.
 - h. “Cosmology: The History and Nature of Our Universe” by Professor Mark Whittle of the University of Virginia.
 - i. “Great Ideas of Classical Physics” by Professor Steven Pollock of the University of Colorado at Boulder.
 - j. “Particle Physics for Non-Physicists: A Tour of the Microcosmos” by Professor Steven Pollock of the University of Colorado at Boulder.
 - k. “How the Earth Works” by Professor Michael E. Wysession of Washington University in St. Louis.
 - l. “The Nature of Earth: An Introduction to Geology” by Professor John J. Renton of West Virginia University.

- m. “The World’s Greatest Geological Wonders: 36 Spectacular Sites” by Professor Michael E. Wysession of Washington University of St. Louis.
 - n. “Oceanography: Exploring Earth’s Final Wilderness” by Professor Harold J. Tobin of the University of Wisconsin-Madison.
 - o. “Earth’s Changing Climate” by Professor Richard Wolfson of Middlebury College.
- 5. Isaac Asimov and his numerous books written about the different disciplines in the sciences. Specifically see Asimov on Astronomy, 1975.
- 6. "Science News", "Scientific American", "Sky and Telescope", and "Astronomy" magazines.
- 7. NASA website that includes NASA's News, Missions, and Multimedia.
- 8. Astronomy Picture of the Day; apod.nasa.gov/; a service of ASD at NASA / GSFC & Michigan Tech. U.
- 9. NASA APOD website presenting Starship Asterisk* which is an APOD and General Astronomy Discussion Forum. (also, used for debating issues)
- 10. Physics Forum website which is a discussion forum for any topic in the physics world.
- 11. “How the Dinosaurs Died – First Apocalypse – History Channel Full Documentary” available on YouTube at www.youtube.com/watch?v=sEFjuNkY0yw. This presentation is about the accepted or consensus theory of an asteroid strike in the Yucatan which also explains some issue about numerous dinosaur fossils being found suspiciously in distributed lower layers of sediment well below the iridium layer caused by the asteroid.
- 12. “The Origin of Elements” (YouTube Video) by Edward Murphy; published by Jefferson Lab Science Series Nov. 20, 2012. Also, see the periodic table of elements at <http://education.jlab.org/itselemental>.
- 13. “Copper’s Surprising Reaction to Strong Magnets / Force Field Motion Damping” (YouTube Video) Jan 26, 2018 by <https://www.Brilliant.org/NightHawk>.
- 14. “Lectures by Walter Lewin”; highly recommend reviewing all lectures for 8.02x – M.I.T. Physics II: Electricity and Magnetism
- 15. Google Maps: Click on satellite views of the Earth and zoom in or out. You can see an amazing view of Earth with real time shadows. You can see real time clouds if you zoom twice.
- 16. Google Mars: Click on space probe views of Mars and zoom in or out.

III. “Electric Universe” Topics

1. The website www.electricuniverse.info is about how the electromagnetic aspects rule over the forces of gravity in this universe. See the Electric Universe Workshop presentations, available on YouTube on the Thunderbolts Project channel. The Thunderbolts Project is the internet voice of the “Electric Universe”. Refer to the Playlists menu option on the YouTube Thunderbolts Project channel for their Workshop topics and other lectures given at conferences from 2012 through 2017. The Electric Universe Group includes: www.electric-universe.org; www.thunderbolts.info; www.electric-cosmos.org; and www.holoscience.com.
2. The website www.thunderbolts.info (also known as The Thunderbolts Project) is about how rock art, ancient artifacts and their history, and NASA data support the Electric Universe ideas. Its leaders are David Talbot and Wallace Thornhill. Also refer to their books: *The Electric Universe*

and *Thunderbolts of the Gods*. See the following Workshop lectures at the Thunderbolts Project YouTube channel:

- a. "Reflections on the Ancient Sky" by David Talbot
 - b. "'Creation' as Events Seen & Heard" by David Talbot
 - c. "Universal Goddess and Warrior-King" by David Talbot
 - d. "The Ladder of Heaven" by David Talbot and Wallace Thornhill
 - e. "The Star 'Proto-Saturn'" by Wallace Thornhill
 - f. "Lightning-scarred Mars and Venus" by Wallace Thornhill
 - g. "Electric Comets and Asteroids" by Wallace Thornhill
 - h. "An Electric Cosmology for the 21st-Century" by Wallace Thornhill
3. The website www.holoscience.com is about the corrected interpretations of NASA data that support the Electric Universe. Authored by Wallace Thornhill. See some of his special lectures:
 - a. "Newton's Electric Clockwork Solar System" at www.holoscience.com/wp/newtons-electric-clockwork-solar-system, a compendium of proposed erroneous and misunderstood ideas about the Earth and the solar system.
 4. The YouTube video by Gerald Pollak: "Beyond Water – What Makes the World Go Round?" at www.youtube.com/watch?v=RnaG6T-C14Q. Pollak addresses questions such as: "can substances bear net charge?" and "can charge forces defy gravity?". He has modeled the fourth phase of water.
 5. *The Electric Sky* by Donald Scott presents a challenge to the so-call myths of modern astronomy. See his "Modeling Birkeland Currents in Space" series presented at the 2014 Electric Universe Workshop available at the Thunderbolts Project YouTube channel.
 6. The website www.dinosaurtheory.com supports the idea that massive dinosaurs and other megafauna had the ability to be mobile within a thicker more buoyant atmosphere. David Esker's theory also supports that planetary gravity field strengths may have varied, contributing to the past megafauna phenomena, however he solely promotes the buoyant atmosphere idea.
 7. The website www.eu-geology.com helps explain such topics as alternative mountain formation, electrical current flow on Earth's surface, a new timeline for sedimentation and the formation of oil and coal. The principal authors are Michael Steinbacker and Andreas Otte. The newest contributor is Andrew Hall who presents the "Arc Blasted Earth", a YouTube video at www.youtube.com/watch?v=ITtvK1wyptU, demonstrating how high energy discharges on the Earth's surface created arc blasts and arc flashes to cause certain distinct geological features.
 8. The website www.ericpdollard.com explains and demonstrates Dielectric Waves and a Proof of "Faster than Light" with Longitudinal Magnetism. Review the following presentations by Eric Dollard listed under Free Videos on his homepage:
 - a. "History and Theory of Electricity", explains how the Earth is a massive reservoir of electricity powered by the solar system as envisioned by Tesla
 - b. "History of the Marconi – RCA Station, Bolinas, CA"
 - c. "The Tesla-Marconi Wireless System"
 - d. "Transverse & Longitudinal Electric Waves and Tesla's Longitudinal Electricity"
 - e. "Origins of Energy Synthesis"

9. The YouTube video “Gravity is a Myth and Does Not Exist” by Robert Otey explains electricity is the only force in the universe at www.youtube.com/watch?v=8jODyhZVbTM&list=PLm4HarLq5a6L0jfPuHKHHUcPLxf5T_tZp&index=1.
10. The YouTube video “The Long Path to Understanding Gravity” by Wallace Thornhill presented at the Electric Universe conference EU2015 at www.youtube.com/watch?v=YkWiBxWieQU.
11. “The ‘Culture Shock’ of Planetary Catastrophe” by Michael Armstrong at www.thunderbolts.info/wp/2016/05/11/michael-armstrong-the-culture-shock-of-planetary-catastrophe-eu2015-talk. This presentation is an attempt by The Thunderbolts Project to reconstruct the catastrophic past of our geophysical world and our predecessors.
12. “Extraordinary Ideas and Evidence” by Gary Schwartz presents the “Five Finger Test of Responsible Beliefs” at www.thunderbolts.info/wp/2016/03/28/gary-schwartz-extraordinary-ideas-and-evidence-the-five-finger-test-eu2015.
13. *Physics of the Plasma Universe* by Anthony L. Peratt; 2nd edition by Springer; ISBN 978-1-4614-7818-8. Also see his website at www.plasmauniverse.info. Peratt was the first to recognize that formations of galaxies and certain nebulae appeared very similar to configurations achieved in the plasma research laboratories. Peratt was one of the first discoverers of the connection between petroglyphs and ancient glowing plasma displays in ancient skies.
14. Refer to **Google Maps** that show real time satellite views of Earth and **Google Mars** that show a map of the entire surface of Mars taken from orbiting space satellites. Take time to envision or imagine how plasma arc-blasting of these planets by close electrical encounters of passing celestials could have caused the strange surface features. The claim is that only electrical phenomena could cause Martian land features – not water or wind erosion. What do you believe? Imagine how the Norwegian fjords were caused by large scale sputtering of rock by powerful arc-blasting. Perhaps you can visualize where sunken realms such as Atlantis or Mu occurred by seeing certain raised sea floors.

IV. Light and Radio-wave Topics

1. The YouTube video “The Atomistic fallacy and psychosis of the so-called ‘electron’ particle” by Theoria Apophasis at www.youtube.com/watch?v=dnEx3JjeGGg. Also, review his “What is LIGHT REALLY? Tesla on Light, Bringing logic and wisdom to the Nature of Light” at www.youtube.com/watch?v=YcoYRofMtyk. The questions presented are worth consideration but deviate wildly from the conventional model of the atomic and particle theory. A more accepted model for light is presented by Bruce Sherwood listed next. The important thing to take away from comparing offbeat and eccentric Theoria Apophasis and conventional Professor Sherwood is how educators of science can present completely different views or models and still be somewhat credible for the more open minded.
2. The YouTube video “What is light? What are radio-waves?” by Bruce Sherwood taken from a presentation at the Santa Fe Alliance for Science at www.youtube.com/watch?v=UCygc302EyY.

V. Great Deluge and Lost-Civilization Topics

1. *Cataclysm! Compelling Evidence of a Cosmic Catastrophe in 9500 B.C.* by D.S. Allan & J.B. Delair, written in 1995, lists documented, biological and geological evidence for a global flood that occurred about 11,500 years before present (BP).
2. The website www.creationscience.com presents compelling evidence for creation and the flood; authored by Dr. Walt Brown who wrote the book, *In the Beginning*. His scientific hypothesis supports the idea that the waters for the Great Flood came from the Earth's interior as stated in Biblical verse. Brown also gives a convincing argument for why the evolution theory does not work.
3. A collection of relevant videos available from Amazon
 - a. "Set in Stone, Evidence for Earth's Catastrophic Past", a non-fiction documentary directed by Mark Haville. Did the history of the world unfold over vast eras of time or much shorter periods? What do the rocks really tell us? Academia is shifting from uniformitarianism toward catastrophism.
 - b. "The Stone Age Puzzle" 2013; directed by R. Vaughan. Megaliths are prehistoric structures built from giant stone blocks and are the greatest mysteries of mankind. These structures are found all over the world, especially in Europe. How they were built and what purpose they served have not been definitively explained. Their age is believed to be older than 11,500 years.
 - c. "Atlantis: The Lost City" 2014; directed by Philip Gardiner. The Greek philosopher, Plato, wrote about Atlantis which he dated to be older than 11,000 years. Atlantis is a utopia-like city-state that existed in the middle of the Atlantic Ocean beyond the Pillars of Hercules (the Strait of Gibraltar). Its sink into the ocean is thought to have occurred during the Noah flood.
 - d. "The Mystery of the Sphinx" by Jonathan West and Dr. Robert M. Schoch, directed by Bill Cote and presented by UFOTV. Their findings reveal that the Sphinx is thousands of years old (possibly older than antediluvian times) directly refuting the current thinking of Egyptologists.
 - e. The TV series "Ancient Aliens", season nine, episode eight, "The Great Flood" where excellent evidence is presented; however, a questionable idea is introduced that certain ancient aliens actually caused the Flood to punish man, obviously coming from the underpinnings of the Noah story.
4. "Is Genesis History?" is a Netflix documentary about faith and spirituality with Del Tackett as commentator.
5. "Faces of Earth – Assembling America" is a documentary published in 2013 by the American Geosciences Institute. The address is www.youtube.com/watch?v=1iTUAUmF-N4.
6. "The Advanced Pre Ice Age Civilizations that Vanished from Earth", published in 2017 explains the traces of a lost civilization. The address is www.youtube.com/watch?v=VUmtClePL8.
7. "The Pyramid Code" is a documentary series of 5 episodes that explores the pyramid fields and ancient temples of Egypt as well as ancient megalithic sites around the world looking for ancient knowledge and sophisticated technology in a Golden Age. The consensus timeline is challenged

by the migration of the Nile riverbed among other reasons. See

<https://topdocumentaryfilms.com/pyramid-code/>

8. “Ancient Pyramids – Proof that Recorded History is Wrong (Full Video)” is a documentary by Sam Osmanajich. Illustrates how today’s governments and academia suppress the research and learning of any new discoveries in history. Osmanajich also wrote *Pyramids Around the World & Lost Pyramids of Bosnia*. His research is the best catalog of world-wide pyramids and postulates that they are energy generating devices.
9. “Ancient Anomalies of Giza Academia Can’t Explain” (YouTube video) by Mystery History Back-up, Feb 13, 2019.
10. Why was Giza Constructed? See <https://www.quora.com/What-was-the-purpose-of-the-pyramids-of-Giza> that explains the encoding of ancient scientific knowledge of measures of the Earth and Heavens using geometry and mathematics.
11. *The Giza Template* by Edward G. Nightingale found on Amazon is a book that uncovers the mathematical and geometric blueprint, not theory, of the Giza pyramids.
12. Earth Changed 12000 Years Ago (YouTube videos) by Randall Carlson issued by the Oppenheimer Ranch Project, Aug 22, 2017 and by the Joe Rogan Experience, JRE #606.
13. “Ancient Rome Did Not Build This”, Part I and II; Jan 26, 2018 from Bright Insight; about the lost technology of the World’s Largest Columns found in the temples of Jupiter and Heliopolis in Baalbek, Lebanon.

VI. Anunnaki, Nibiru, and Sumerian-Culture Topics

1. The YouTube video “Forbidden History of the Sumerians” sponsored by Zohar Stargate TV explains the Enuma Elish Sumerian creation story. The address is www.youtube.com/watch?v=NzANU5iog0Q.
2. The YouTube video “Planet X, Nibiru, the Anunnaki, and Sumerian Mythology 2015” explains why Sitchin’s translations have been suppressed because the bureaucracies of church and state want to control the process of education and learning.
3. The article at www.truthbeknown.com/anunnaki.htm about the Anunnaki and Nibiru by D.M.Murdock and Acharya S. explaining Zecharia Sitchin’s theories.
4. The website www.sitchin.com, the official website of followers of Zecharia Sitchin’s ideas. Two-way communications are easily arranged with its administrators. His first and best well known book is *The Twelfth Planet*.
5. The YouTube video “The Anunnaki Origins of Mankind Explained” published on Nov 18, 2015, by Zohar StarGate TV at www.youtube.com/watch?v=PdtvSjgsW3I.
6. The YouTube video “Sumerian Texts speak of our Anunnaki Origins documentary” by the YouTube channel Non Human Entities at www.youtube.com/watch?v=ODEAzA6TNRO. This presentation emphasizes the linguistic descriptions of antiquity as opposed to the visual descriptions of Eric Von Daniken. This audio-video is excellent for being introduced to the ancient beings called the Anunnaki and their establishment of the Sumerian civilization prior to 6000 BC.

7. The website www.neilfreer.com with a link to an interview with Neil Freer, author of *Breaking the Godspell*, on “Evidence of the Anunnaki”. Also, refer to his article on “Sumerian Culture and the Anunnaki” at www.xfacts.com/sumerian_culture.html.
8. The website www.xfacts.com by Jason Martell explains the Planet X hypothesis and its connection to the Sumerian Nibiru. The website continues to update information about the search and possible cover-up for Planet X or a brown dwarf that orbits our Sun.
9. The YouTube video “Anunnaki, Sumerians, Ancient Hidden Technology, Suppressed Ancient History & Artifacts Documentary!” by Michael Tellinger at www.youtube.com/watch?v=rqC1Zs_CyH0. Tellinger explains how new technology of high frequency resonant harmonics can levitate and spin objects and was possibly used by the ancients. The thousands of stone circles in South Africa are discussed as being part of an elaborate gold mining operation by the Anunnaki that lasted 280,000 years until the Great Flood swept over the region and ended the Sumerian list of eight kings.
10. “Explorer – Discovering Peru” video from UFOTV, available at www.amazon.com/UFOTV, shows strong evidence that technically advanced cultures existed in the ancient past. Inca stonework, a network of underground tunnels, the Nazca lines that outline animals only seen from aerial views and unusual engravings on thousands of rocks depicting surgical methods, human flight and even dinosaurs are part of the evidence.

VII. UFO and Extraterrestrial Topics

1. The YouTube video “Alien Agenda: Planet Earth” at www.youtube.com/watch?v=O2bzBVcxSOY. This is a documentary directed by R. Miles and featuring Richard Dolan, Stephen Bassett, A.J. Gevaerd (www.ufo.com.br), Richard Giordano (www.cnufos.com), Charles Hall (www.millennialhospitality.com), Dr. Steven M. Greer (www.disclosureproject.org), Jim Marrs (www.jim.marrs.com) and Robert Miles (www.safespaceproject.com). ***This presentation is very alarming and will shake the foundation of most belief systems. You should not view this video unless you consider yourself completely open-minded. This topic goes way beyond Zecharia Sitchin’s ‘space aliens’.***
2. Available from Amazon, “Ancient Advanced Technology in Peru & Bolivia” presented by UFOTV and directed by David Hatcher Childress of “Ancient Aliens the Series”. Megalithic structures are examined for possible advanced machining techniques and compared with structures of ancient Egypt. Construction is definitively confirmed to be pre-Inca.
3. Available from Amazon, “Crop Circles: Crossovers from Another Dimension” is presented by UFOTV. Evidence and confirmation is given that extraterrestrials are involved. There is no other answer.
4. Available from Amazon, “Mayan Prophecies and Crop Circles”, directed by Pier Giorgioiarie, is presented by UFOTV. Scholars and researchers have discovered an extraordinary connection between rare ancient 6000 year-old Sumerian symbols, Mayan calendar symbols and signs and symbols found among crop circle formations.
5. Available from Amazon, “The Mysterious Origins of Man – Rewriting Human History”, hosted by Charles Heston and directed by Bill Cote, is presented by UFOTV. This presentation includes the

concept of crustal displacement supported by D. Hapgood and Albert Einstein. The authors and other contributors to this well executed program are listed below. The paper “The Great Deluge: Fact or Fiction” on www.ettingerjournals.com postulates a partial 30° shift latitudinally for both the crust and mantle.

- a. Production by B.C. Video Inc., P.O. Box 97, Shelburne, Vt. 055484; 1-888-846-9682
 - b. Graham Hancock, author of *Fingerprints of the Gods* published by Crown Publishers Inc. of New York.
 - c. Rand Flem-Ath who co-authored *When the Sky Fell*, and wrote *Atlantis and the Earth's Shifted Crust*, 1-800-243-1438.
 - d. *Forbidden Archeology* and *The Hidden History of the Human Race* by Michael Cremo & Richard Thompson; 1-800-443-3361; Torchlight Publishing; P.O. Box 177; Badger, CA 93603.
 - e. The website www.adventuresunlimitedpress.com by David Hatcher Childress; P.O. Box 74; Kempton Ill, 60946; 815-253-6390. This website gathers and sell books specializing in ancient alien topics.
 - f. *The Orion Mystery* by Robert Bauval; Crown Publishers Inc., NY.
 - g. *Cro-Magnon Civilization* by Neil Steele; P.O. Box 4175; Independence Mo 64050.
 - h. *The Myths of Darwinism* by Richard Milton; Corgi Books by Transworld Publisher Ltd. 61-63 Uxbridge Rd., Ealing, London W5 5SA.
6. The YouTube video “Lloyd Pye – Everything You Know Is Wrong”. This seminal lecture is about our human origins and our enslavement as a species. His presentation is very entertaining and will reveal the secret about the so-called “missing link” in our genetic make-up. The address is for his lecture is www.youtube.com/watch?=pe6DN1OoxjE.
 7. The YouTube video “Ancient Aliens – The Genius Factor” at www.youtube.com/watch?v=-vUdlagy1sU tells about a possible connection between ancient aliens and such human geniuses as Newton and Einstein.
 8. “Expert Decodes Ancient Sumerian Tablets; the Results Will Amaze you. This presentation comes from UPARS – UFO & Paranormal Research Society. The address is www.youtube/watch?v=-aPOTiF6L0

VIII. Supernatural Topics

1. The website www.brianweiss.com about Brian Weiss who is a psychiatrist who writes about reincarnation, past lives, and miracles. He also explains the legacy of genetic memory that manifests itself in the maladies of present life. Also, see the movie “The Miracle of Cokeville”.

IX. Global Banking Fraud

1. *The Creature from Jekyll Island* by G. Edward Griffin (1994) reveals how the Federal Reserve is a money cartel that is privately owned and controls the government.
2. The YouTube video “The Making of the Federal Reserve Creature from Jekyll Island” explains how the largest bankers agreed in 1917 to stop growing competition, obtain a franchise to

create money, get control of all smaller bank reserves, shift losses to taxpayers and convince the U.S. Congress of its purpose.

3. "The Wizard of Lies" – a movie about the Bernie Madoff Ponzi scheme.

X. Food Crisis

1. "Food, Inc." – a documentary movie presented on Netflix.
2. "What the Health" – a documentary movie presented on Netflix which links diet and disease and the dollars at stake in the healthcare, pharmacy, and food industries. Also available at www.WhattheHealthfilm.com
3. *The China Study* is a book written by T. Colin Campbell, PhD and Thomas M. Campbell II published in 2006. The book is based on a comprehensive study of nutrition conducted in China in the early 1980s by both Chinese and American researchers.

XI. Medical and Environmental Fraud

1. "Root Cause, The Devil We Know"; a Netflix documentary movie about the high correlation between dental root canals / cavitations (pulled teeth) and certain types of cancer.
2. "Carbon Dioxide in perspective" by Malcolm Roberts of the Galileo Movement clearly reveals the fraud of carbon dioxide dangers and alleged fears. See the link: <https://www.youtube.com/embed/BC1l4geSTP8>.

XII. The Fraud of War

1. "Fog of War" – documentary presented on Amazon which is an interview by McNamara about the Vietnam War.
2. "War Machine" – a movie starring Brad Pitt about a satire and dark comedy of a US Army General in Afghanistan.
3. "War Dogs" – a movie about the conduct of Pentagon contracts.

XIII. Religious Fraud

1. "Going Clear: Scientology and the Prison of Belief", a documentary presented by Amazon that involves L. Ron Hubbard, Tom Cruise, Nicole Kidman, and John Travolta.
2. "Prophet's Prey: Inside a Polygamist Cult", a 2015 gripping documentary that penetrates the secrecy of abuse and exploitation within the FLDS sect lead by Warren Jeffs. This sect has set-up a community in the isolated mountains on the Utah-Arizona border. Originally presented by CBS news.
3. "Why We Believe in Gods" by Andy Thomson and published by Richard Dawkins Foundation for Reason and Science, 2009. His main hypothesis is that religions hijack human feelings that are naturally inherent.

4. “Did Jesus Even Exist?” and “Why Invent the Jesus?” (YouTube videos) by Richard Carrier, Ph.D. published by Atheists, Mar 30, 2015. Also, see <https://www.richardcarrier.info>.

XIV. Artificial Intelligence

Artificial Intelligence (A.I.) is almost ready to drive highway vehicles and do our financial planning. How much of living will be left for us? Another thought creeps in my personal thinking; maybe we are already A. I. produced and controlled by superior aliens.

1. The three-part YouTube video “Technocalyps”, made in 2006, is a Belgian transhumanism film directed by Frank Theys. The address is www.youtube.com/watch?v=7MXQSbjBL7Q.
2. The movies: “A.I. Artificial Intelligence”, “Ex Machina” and “Uncanny” explore the possible takeover by A. I. of most human endeavors.
3. “The Circle”, a movie presented by Amazon starring Tom Hanks that reveals the power of the CEOs of giant internet industry. The message is that everybody is going public and transparent.

XV. The Cosmic Code and the Kabbalah

Can the actual words of the Bible or the Quran be part of a Cosmic Code that can reveal the meaning of life?

1. The YouTube video “Kabbalah, Science, Islam, & Armageddon with Billy Phillips from the Kabbalah Centre International. The address is www.youtube.com/watch?v=5QPY1e0mble.
2. The YouTube video “Bible Codes: The Proof of God” by physicist Randy Ingermanson from TheCompleteTruthBlog YouTube channel at www.youtube.com/watch?v=VYIKkloavnA.
3. The YouTube video “True Name of God – Bible – YHWH – Tetragrammaton Answer” by Nassim Haramein at www.youtube.com/watch?v=2LZr3wr3AUK.
4. The YouTube video “The Role of Internet & Consciousness (English)” by Kabbalist Rav Berg at www.youtube.com/watch?v=ugydem5BCPw.

XVI. Holographic Universe

Is everything we sense a hologram?

1. The YouTube video “Michael Talbot – Part 1 Complete – Synchronicity and the Holographic Universe – Thinking Allowed” on the YouTube channel ThinkingAllowedTV. The addresses are www.thinkingallowed.com/2mtalbot.html and www.youtube.com/watch?v=6rgYz_BU2Ew.
2. The YouTube video “Interview with David Bohm”, a quantum physics scientist: It is very hard to question worldview. Every worldview including those of both Western and Eastern is limited. Too much focus is on analysis that leads to fragmentation which leads to confusion. Is a person ready to listen to another worldview? The address is www.youtube.com/watch?v=QI66ZglzcO0.
3. Do your holographic homework. See the following movies: “Thirteenth Floor”, “The Truman Show”, “The Game” with Michael Douglas and “Yes Man” with Jim Carrey.

XVII. Conspiracy Theories

A new term has been invented for this new century, the “conspiracy theorist”. If you question the authoritative institutions such as our world government, world banking, mainstream media or the consensus of academia, you are labeled immediately a “conspiracy theorist”. Eventually these people are considered “kooks”, disconnected from reality and generally ignored. Are the assassinations of Presidents Lincoln or McKinley, the sinking of the RMS Lusitania and USS Maine in Havana harbor, the bombing of Pearl Harbor, the Bay of Pigs orchestrated by Eisenhower, Dulles, and Nixon, the assassination of JFK, the 9/11 attack, the Jewish Holocaust and the numerous assassinations and/or overthrow of various dictators, despots, and democratically elected, third-world presidents throughout my lifetime possible conspiracies? More deceitfulness and guile about these events becomes available every day. You may become very suspicious, but better stay quiet or you may enter the Satanic whirl of the “conspiracy theorist”. Some brave people have come forward to expose Satan and his evil in the recent 9/11 conspiracy. Let’s take a careful look at some of these unbelievable interpretations. Judge for yourself, but please don’t purposely alarm anybody by talking about it. Let’s now review some of their presentations about 9/11 and others conspiracies by going to Google and YouTube.

1. The YouTube video “Zero: An Investigation into 9/11” at www.youtube.com/watch?=WMXJFN_JnKo.
2. The YouTube video “Retired Expert Pilot John Lear – No Planes Hit the Towers on 9/11” at www.youtube.com/watch?=YQBlv7sZGVE.
3. The YouTube video “9/11 Hijackers were CIA Agents – (WATCH THIS)” at www.youtube.com/watch?=vB6k21Yyh71.
4. The YouTube video “Former CIA Asset Exposes 911 Cover Up” at www.youtube.com/watch?=fAawF22QUMs.
5. The YouTube video “(2012) WTC 100% MILITARY PLANE PROOF WITNESSES (NEW EVIDENCE)” at www.youtube.com/watch?=SclAy8hhSkU.
6. The YouTube video This is Why Evidence is NOT FOR PUBLIC RELEASE about the Shadow Government and Where Are the Whistleblowers? at www.youtube.com/watch?v=V6EVKpN8JHU.
7. www.imdb.com/title/tt0120660 is “Enemy of the State”, a movie of a 1998 American conspiracy-thriller
8. “Darpa Insider Says Scientist On Verge of Cataclysmic Discovery-(Full Video)” by Robert Duncan. DARPA stands for Defense Advanced Research Projects Agency. Address is www.youtube.com/watch?v=-RND66VZ8DY.
9. “Conspiracy Theory” is a Netflix documentary made in 2001 by Director John Moffet which reveals the very possible faked Moon landings by humans.
10. A survey reveals that more than 50 % of Americans believe in the JFK Assassination Conspiracy; review https://en.wikipedia.org/wiki/John_F._Kennedy_assassination_conspiracy_theories.
11. “The Age of False Flags – Covert Operations” (U-Tube video) by Richard Dolan. Also connect with richarddolanpress.com and review his article “Understanding False Flag Operations in Our Time.

XVIII. Commentary About Furthering Your Knowledge About the Esoteric World

Please take time to absorb all or parts of each of the above suggested topics. This, of course, is a prodigious task – so only study those topics that may have an immediate interest. Then your appetite for more topics may develop. Take each topic separately when trying to understand it. You may eventually see how all these topics dovetail into each other so that you can be more knowledgeable and at peace with yourself and the natural world. Be sure to become familiar with the so-called baseline of knowledge about the world as presented by The Great Courses or other accredited textbooks and college courses. The Great Courses DVDs are generally available in most city libraries. After becoming familiar with mainline science, you are then prepared to venture from and question today's dogmas and paradigms. This subterfuge of other controversial ideas taken both from history and science need to be sorted by importance and meet the standards set forth by Gary Schwartz in his "Extraordinary Ideas and Evidence". I do not fully accept all the tenets of each topic or presentation, but do appreciate how different scientists and theorists propose credible ideas for everyone to consider. One can be absolutely sure that the presenting authors and scientists do not always agree with each other. Your purpose in life is to become more enlightened and release yourself from controlling paradigms. You can be in control and choose your own path of thought. Do not worry about the absolute truth; there is no possibility of achieving it. But, never end your quest for the truth.

Have no fear about wondering. Beholding is an absolute joy which leads to higher levels of understanding, ecstasy, and the next life.

Compilation by Doug Ettinger

Author of www.ettingerjournals.com